



9D8N The “Merida Cup” Zhangjiajie Cycling Race “美利达杯”张家界自行车挑战赛

T/C: GA-CNBZ | UPDATED: 01AUG2023

PRIVATE
TOUR

10 TO GO

No
Shopping Stop
无购物站





The theme of this challenge is "Green, Nature, Humanity, Tourism, Health". There are five groups in the competition. The route starts from the Shuangxia Tunnel under Tianmen Mountain and ends at Tianmen Cave Square in Tianmen Mountain Scenic Area, with a total length of 16 kilometers and an elevation of nearly 1,000 meters.





06 Sep / Day 1: ARRIVAL CHANGSHA (L/D)

Arrive Changsha by CZ 5050 (ETA 0725), transfer to Zhangjiajie.

抵达武汉，乘车前往张家界

- Junsheng Gallery | 军声画院

07 Sep / Day 2: ZHANGJIAJIE (B/L/D)

- Grand Canyon Glass Bridge | 大峡谷玻璃桥

08 Sep / Day 3: ZHANGJIAJIE (B/L/D)

11:00 - 20:00 sign in, Collect the Athlete Number mark, Competition Outfit, Souvenir Gift, Sign the <Cycling Challenge Disclaimer>

11:00 - 20:00 签到, 领取运动员号码牌、参赛服装、纪念礼品, 签署《自行车挑战赛免责声明》

09 Sep / Day 4: ZHANGJIAJIE (B/L/D)

Race Day @ Mountain Forest Crossing Cycling race

比赛日 @ 张家界峰林穿越赛

10 Sep / Day 5: ZHANGJIAJIE (B/L/D)

Race Day @ Tianmen Road Cycling Race

比赛日 @ 天门山天路自行车挑战赛



Sequence of itinerary subject to local arrangement

Image shown are for illustration purposes only



11 Sep / Day 6: ZHANGJIAJIE (B/L/D)

- Tianmenshan (cable car) | 天门山 (缆车)
- The Glass Skywalk | 玻璃天桥
- Tian Men Cave include elevator | 天门洞包含电梯

12 Sep / Day 7: ZHANGJIAJIE (B/L/D)

- Yuanjiajie (Bailong Lift up) | 袁家界 (百龙缆车)
- Avatar Mountain, No.1 Bridge of the World, West Sea, Helong Park | 阿凡达山, 世界第一桥, 西海, 贺龙公园
- Tianzi Mountain (cable car) | 天子山 (缆车)



13 Sep / Day 8: ZHANGJIAJIE - CHANGDE (B/L/D)

- Golden Whip Stream | 金鞭溪
- Baofeng Lake (cruise) | 宝峰湖 (游船)
- Da Xiao He Jie Night street | 大小河街



14 SEP / Day 9: CHANGDE - CHANGSHA DEPARTURE (B/L/D)

- Liuye Lake | 柳叶湖
- IFS International Financial Center | IFS 国际金融中心
- Huangxing Road | 黄兴路
- Tai Ping Ancient Street | 太平古街

Transfer to airport for flight departure by CZ 5049 (ETD 2100)
送往机场搭乘航班起飞

Sequence of itinerary subject to local arrangement

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Date: 09 September 2023

Venue: Zhangjiajie National Forest Park | 张家界国家森林公园

Routes Introduction:

East Gate of Zhangjiajie National Park → Shui Rao Si Men → Zi Mu Gang Ticket station → Zi Shan Man Ju Hotel → Ming De primary school → Bai Zhang Xia → Amazing Xiangxi Show Theater → Zhuan Jia Cun Hotel → Terminus: East Gate of Zhangjiajie National Park

线路介绍:

武陵源景区东门（吴家峪标志门广场 - 起点）→ 水绕四门 → 梓木岗门票站 → 梓山漫居 → 抗金岩 → 明德小学前 100 米岔路口 → 百丈峡 → 魅力湘西 → 专家村酒店 → 武陵源景区东门（吴家峪标志门广场 - 终点）

The whole course is 32 kilometers, and the elevation gain is 648 meters.

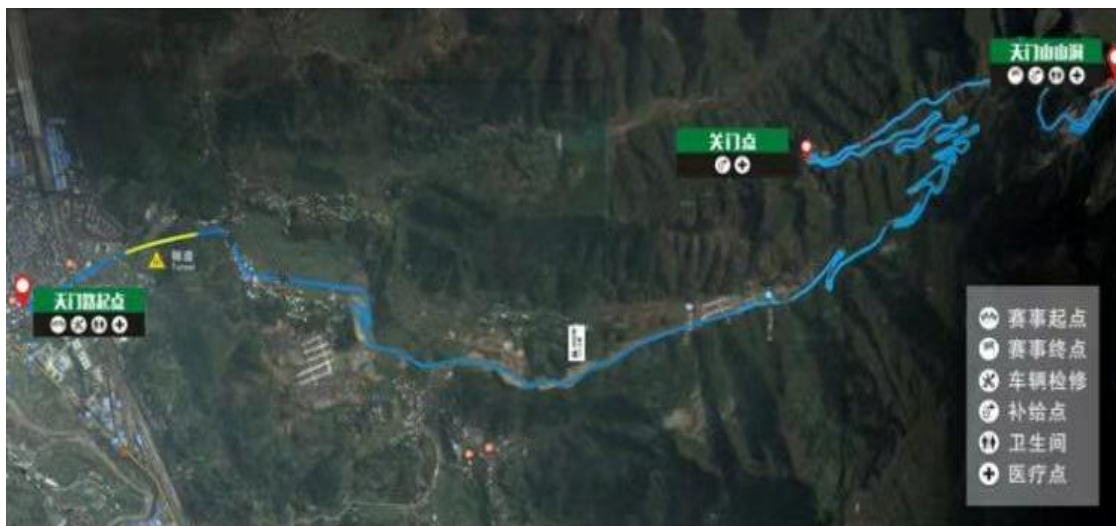
Track condition: Asphalt Road 50%, Cement Road 50%, Two tunnels

全程 32 公里，累计爬升 648 米

路面状况：柏油路面 50%，水泥路面 50%；隧道 2 处

项目	时间	地点
运动员检录 Sign-on Opens	07:00 - 08:00	主会场
开幕式 opening ceremony	08:30	主会场
省市领导及嘉宾讲话 Leader Speech	08:30 - 08:50	主会场
裁判员、运动员宣誓 Umpire oath\Athlete's oath	08:50 - 09:00	主会场
比赛开始 Race begin	09:00	起点
比赛 Race	09:00 - 11:30	赛道
颁奖仪式 Prize-awarding ceremony	12:30	主会场

Sequence timetable subject to local arrangement



Date: 10 September 2023

Venue: Tianmen Road Cycling Race | 天门山天路自行车挑战赛

Routes Introduction:

Tianmen Road Tunnel → Tianmen Mountain Parking lot → Tianmen Zig Zag Road → Terminus: Tianmen Cave

线路介绍:

天门路隧道前 500 米 → 天门山山门停车场 → 通天大道 → 终点天门洞

The whole course is 16 kilometers, and the elevation gain is 842 meters.

Track condition: Asphalt Road 30%, Cement Road 70%, Three tunnels

全程 16 公里，累计爬升 842 米

路面状况：柏油路面 30%，水泥路面 70%；隧道 3 处

项目	时间	地点
运动员检录 Sign-on Opens	07:40-08:10	主会场
开幕式 opening ceremony	08:10	主会场
省市领导及嘉宾讲话 Leader Speech	08:10—08: 15	主会场
裁判员、运动员宣誓 Umpire oath\Athlete's oath	08:15---08:25	主会场
荣誉骑行 leader lead the team ride	08: 25—08:35	起点
比赛开始 Race begin	08:35	赛道
比赛 Race	08:35—11:30	赛道
颁奖仪式 Prize-awarding ceremony	11:30	天门山山洞停车场

Sequence timetable subject to local arrangement

组别与奖项设置：根据参赛选手性别、参赛用车划分组别

Groups and Awards: Groups according to the competitors' genders and Bicycle types

	男子公路组 Male Road Bicycle Group	女子公路组 Female Road Bicycle Group	男子山地精英 组 Male mountain bike Elite Group	女子山地组 Female mountain bike Group	男子山地组 Male mountain bike Group
名次/年龄 Ranking/Age	奖金（元） Prize (RMB)	奖金（元） Prize (RMB)	奖金（元） Prize (RMB)	奖金（元） Prize (RMB)	奖金（元） Prize (RMB)
	16-55 周岁 16-55 years old	16-55 周岁 16-55 years old	16-38 周岁 16-38 years old	16-55 周岁 16-55 years old	39-55 周岁 39-55 years old
1	3000	3000	3000	3000	3000
2	2000	2000	2000	2000	2000
3	1000	1000	1000	1000	1000
4	900	900	900	900	900
5	800	800	800	800	800
6	700	700	700	700	700
7	600	600	600	600	600
8	500	500	500	500	500
9	400	400	400	400	400
10	300	300	300	300	300
11-20	200	200	200	200	200
21-50	纪念奖品 Memorial Prize	纪念奖品 Memorial Prize	纪念奖品 Memorial Prize	纪念奖品 Memorial Prize	纪念奖品 Memorial Prize

English version:

Equipment requirements

* Participants must prepare all designated equipment, otherwise they will not be registered.

(1) Except the road group, other groups can only use Mountain bike for competition (mountain tires are required Use a hard fork).

(2) Helmets;

(3) Water, beverage, Energy bar;

(4) Riding gloves,

(5) Cycling clothes.

Entry Instructions

1. This event will be in accordance with the latest Bicycle Race Rules approved by the Chinese Cycling Association and the China Cycling League

General rules of competition regulations and technical regulations of the China Cycling League.

2. Contest model: the participating cars in the mountain group are 26-, 27.5 and 29 inch Mountain bike, and the tire width is more than 1.75. It is allowed to use

If a hard fork is used that does not comply with the regulations, once discovered, the competition qualification and ranking will be cancelled. The highway group can only use

Use road racing cars (limited to 700c road cars). Participating vehicles are not allowed to install any auxiliary devices. All participants must self-protect themselves

Verify that the quality and condition of the vehicle are in good condition and meet the requirements of the competition, and that any damage caused by improper use, condition or quality of the vehicle

The event organizing committee and the main organizer shall not be responsible for any injury or loss.

3. All participating athletes must wear cycling clothes and cannot wear loose pants. In order to ensure the safety of the event operation, the organizing committee

No team cars are allowed to accompany team members on the track. Ensure that vehicles take unified action according to the requirements of the organizing committee.

4. Only natural leg muscle strength can be used in competitions. Bicycles are prohibited from using any electronic, charging, or other devices

Mechanical auxiliary devices. Before the competition, the organizing committee has the right to check whether each participating vehicle meets the regulations. In addition, car braces and locks, etc

Should be unloaded from the car before the competition

5. Check in and sign in 1 hour before the competition, and end the check in 10 minutes before the competition (final time as notified by the organizer)

The time shall prevail), must hang a number plate, wear cycling clothes and helmets, and carry vehicles for referee inspection. Each participating team

All team members should personally sign in at the starting point, accept media interviews, and consciously cooperate with the promotion of the event. Not checked or signed

Those who arrive and depart are invalid participants and cannot achieve results and rankings.

6. For health and safety reasons, the referee has the right to order athletes who are significantly behind or have physical injuries or illnesses exit the competition. Any athlete who withdraws from the competition must remove the numbered cloth and board the shelter vehicle, and cannot ride through the finish line.

7. In case of uncontrollable factors such as extreme weather, the referee has the right to decide to suspend or stop the game.

8. Winning athletes should arrive at the award area in a timely manner after the competition to wait for the award. Those who fail to attend the award ceremony on time will be considered as automatically released

Abandoning awards, award-winning athletes must attend media conferences on time. The venue of the conference will be held for the top 3 individuals in various competitions

Awards will be presented at the registration point of the organizing committee for other awards.

9. This competition adopts electronic timing, supplemented by manual labor.

10. For safety reasons, only official race and media vehicles are allowed to drive on the track, and other vehicles are prohibited from entering the race

Dao, family cars are not allowed to follow behind the contestants.

11. After the Tianmen Mountain Tianlu Challenge competition is over, the contestants will be pulled down the mountain by motorcycle judges in batches. Please listen

Arrange for civilized participation.

12. The inherent risks of cycling: Like regular cycling during times, the cycling activities are partially conducted on open public roads

On the road, without closing the road; All participants need to comply with traffic rules and pay attention to various potential risks on the road,

Including: road damage, inspection wells with lost manhole covers, dangerous driving drivers, participants' bicycles with unexpected mechanical failures, etc

Similar situation.

13. Young athletes under the age of 18 must have a signed proof of their guardian's permission to participate, accompanied by a signed guardian's ID card copy.

14. All risks stem from hidden dangers beyond the control of the organizer. All participants must sign the 'Disclaimer Agreement' before departure

(Participants under the age of 18 must have their guardian's signature).

15. The organizing committee will purchase accident insurance for all participants.

16. Participants should have good health conditions suitable for this competition and be free from visual, hearing, and language barriers. Organizing Committee

We have the right to refuse contestants who are physically unfit to participate.

华语版：

装备要求

*参加者务必准备所有指定装备，否则不予检录。

(1) 除公路组能使用公路车外，其他组别仅能使用山地车参赛（必需使用山地车胎、允许使用硬叉）。

(2) 头盔；

(3) 水、饮料、能量棒；

(4) 骑行手套，

(5) 骑行服。

参赛说明

1、本次赛事执行中国自行车运动协会最新审定的《自行车竞赛规则》和中国自行车联赛竞赛规程总则、中国自行车联赛技术规定总则。

2、参赛车型：山地组参赛车辆为 26、27.5、29 寸山地车，车胎宽度为 >1.75 的齿胎，允许使用硬叉，不符合规程规定的，一经发现，取消比赛资格和名次。公路组此次组别只能使用公路赛车（限 700c 公路车）。参赛车辆不得加装任何辅助装置。所有参赛者须自我保证车辆之质量与状况良好，且满足比赛要求，任何因车辆质量、状况或使用不当造成的伤害或损失，活动组委会及主承办单位概不负责。

3、所有参赛运动员必须穿骑行服参赛，不能穿宽松长裤。为赛事运行安全的需要，组委会不允许任何队车随队员上赛道。保障车辆需按组委会要求统一行动。

4、比赛中只能使用自然的腿部肌肉的力量。自行车禁止使用任何电子的、充电的或其他机械辅助装置。赛前，组委会有权利检查各参赛车辆是否符合规定。另外，车撑和车锁等应在比赛前从车上卸下

5、赛前 1 小时开始检录、签到，赛前 10 分钟结束检录（最终时间按组织方最后通知的时间为准），必须悬挂号码牌、穿着骑行服和头盔、携带车辆接受裁判检查。各参赛队全体队员要在起点处集体亲自签到，并接受媒体采访、自觉配合赛事宣传。未检录、签到而出发者为无效参赛，并且不能取得成绩和排名。

6、出于对健康和安全的考虑，裁判有权令明显落后或有身体伤害以及出现疾病的运动员退出比赛。任何退出比赛的运动员必须摘下号码布，并上收容车，不能骑行通过终点。

7、如遇极端天气等不可抗拒的因素，裁判长有权决定暂停或停止比赛。

8、获奖运动员应在赛后及时到达颁奖区等候颁奖，未按时参加颁奖仪式的选手视为自动放弃奖项，获奖运动员必须按时参加媒体见面会。大会现场将为各项比赛个人前 3 名进行颁奖，其余奖项组委会报到点颁发。

9、本次比赛采用电子计时，人工为辅。

10、出于安全考虑，只有官方赛事用车和媒体车允许在赛道上行驶，其他车辆禁止进入赛道，更不允许家属车跟随在选手后面。

11、天门山天路挑战赛比赛结束后，参赛选手由摩托裁判分批牵引下山，请参赛运动员听从安排，文明参赛。

12、骑行运动本身的风险：和平时的常规骑行一样，骑行活动部分骑行线路是在开放式公路上进行，不会封闭道路；所有参与者需要遵守交通规则，注意道路上的各种潜在风险，包括：道路损坏、丢失井盖的窨井、危险驾驶的司机、参与者自行车意外机械故障等类似情形。

13、未满 18 周岁的年轻选手必须有监护人许可参赛的签字证明，并附签字监护人身份证复印件。

14、所有风险都来源于主办方控制以外的隐患。所有参与者出发前必须签署《免责声明》（18 岁以下参与者需监护人签字）。

15、参赛选手由组委会统一购买意外伤害保险。

16、参赛者应具有良好的适合本次比赛的健康状况，要求无视力、听力和语言障碍。组委会有权拒绝身体状况不适合的选手参赛。

HOTEL (or similar class)		Traveling Period: 09 – 14 Sep 2023		
		Ground Arrangement – MYR (Per Person)		
		Per Adult		
		GV 10	GV 15	Single supp
4*	5N Zhangjiajie: Metropolo Jinjiang Hotel 锦江都城酒店	3668	3368	698
	2N Zhangjiajie: Mellow Crystal Hotel 梅洛水晶酒店			
	1N Changde: Tang's Hotel 汤臣·万豪酒店			

Inclusion:

1. 8-nights hotel accommodation as per above mention (twin share)
2. Shipping fee for bicycle from Wuhan airport – Zhangjiajie - Wuhan airport, shipping fee between Races.
3. 2 times bicycle race register fee.
4. If customer cannot finish the race, provide vehicle and personnel accommodation services.
5. Meal as per itinerary stated.
6. Please note that the lunch of the Tianmen Mountain Challenge is limited by geographical factors and is a packaged simple meal (sandwich, milk, fruit)
7. Entrance Fee to scenic spot as per above mention
8. English speaking guide in Zhangjiajie.
9. Life accident insurance, with a coverage of 1 million Yuan.

Exclusion:

1. International Air Ticket and Tax
2. Domestic Air Ticket and Tax
3. China Visa Fee
4. Driver & Guide tips: RM 135 /pax/day
5. Personal expenses such as Laundry, Mini Bar, Telephone, Luggage Tipping and etc

Remarks:

- 1) Min. 10 adults per booking (GV10).
- 2) Tour packages are only applied for Malaysian passport holder.
- 3) Prices are quoted per person in Ringgit Malaysia (MYR) & subject to change without prior notice.
- 4) Please contact us about the maximum occupancy per room / bedding configurations.
- 5) Non-refundable deposit of **RM 800/pax** upon booking confirmation.
- 6) Hotel rooms are subject to availability. If selected hotel unavailable, others similar accommodation will be provided with different price apply (if any).
- 7) Peak Season Date & Surcharge Subject to change without prior notice. Any special event's surcharge / block out date TBA upon booking confirmation.

Propose flight schedule:

Route	Flight No.	Departure	Arrival	Frequency
KUL CSX	CZ 5050	0235	0725	Wed, Fri, Sun
CSX KUL	CZ 5049	2100	0135 +1	Tue, Thu, Sat